

Aspire

Personal Development Programme

Gives adults with a Learning Disability a unique way to gain skills that develop independence that can shape their future lifestyle.



 Work Experience

 Job Coaching

 Accredited Educational Courses

All this can lead to **Positive Outcomes** such as **greater independence** and improved **self esteem**.

Real **Experience** Real **Qualifications** Real **Life**

How does it all work?



You tell us what you want to achieve in your life. This may include...

- **Relationships**
 - **Living independently**
 - **Getting a job**
 - **Getting a hobby**
 - **Using public transport**
- or anything that is important to you.



We then support you to reach your goals by setting **OUTCOMES** that will help you to achieve those goals.

Our Development Centres



Gifted, Highcliffe, Near Christchurch

We have invested in a High Street Garden Centre and Gift Shop to enable us to give people the opportunity to be part of running a retail outlet. This offers people the opportunity to develop **independence** and **employability skills**.



Cornerways, Ringwood

Offers a community based, flexible, social environment, that enables people to interact whilst participating in recreational and leisure activities as well as some educational courses with development outcomes.

The Stables, Bisterne, Near Ringwood

We have a dedicated Dance and Drama Studio, Pottery Studio, Woodwork Studio, Training Kitchen and IT Suite.

Here are some of the learning opportunities that we can offer...

Activities and Sessions

- Community enterprise sessions
- Hospitality and Catering Course
- Retail Outlet experience and qualifications
- Drama, Stage Work • Relationship Courses
- Independent Living skills course
- Work Experience and CV building
- Art sessions • Pottery
- Keep fit and healthy lifestyles
- IT sessions • Horticulture • Woodwork
- ASDAN Accredited Courses



Most of our sessions are run in small groups with a Development Co-ordinator working with no more than six people. Participants also have the services of a Health & Welfare Manager to ensure that all your needs are met.

Learn in an environment that promotes **Independence** and encourages **Self-belief**. Explore your talents and find new interests.

Contact us for transport arrangements

For more information on all our
courses and activities please contact:

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